

# Harvest of the Month NEBRASKA

## RESOURCE SHEET FOR FARMERS



Nebraska Harvest of the Month is a statewide farm to school program that features a different Nebraska fruit or vegetable each month. The program promotes sourcing of local produce, and provides schools with resources to support sampling and serving these foods to students. Schools that participate have access to posters, promotional materials, and recipes to feature the items in the cafeteria and classroom.

Nebraska Harvest of the Month is a project of the Nebraska Department of Education and Buy Fresh Buy Local Nebraska. Learn more at [www.education.ne.gov/ns/farm-to-school/harvest-of-the-month](http://www.education.ne.gov/ns/farm-to-school/harvest-of-the-month).

### AS A FARMER...

- 1 Learn more about Farm to School in Nebraska by going through the NE Farm to School resources for farmers found here:  
[www.education.ne.gov/ns/farm-to-school/resources](http://www.education.ne.gov/ns/farm-to-school/resources)
- 2 Contact your local School Food Service Director to see if they are participating the Harvest of the Month program – if they aren't, let them know about the program and how it could benefit you both!
- 3 Set up a meeting with the school food service director to introduce your farm, and discuss important details like product availability, billing and payment process, and delivery schedule. Use resources found here to help prepare for a meeting:  
[www.education.ne.gov/ns/farm-to-school/resources](http://www.education.ne.gov/ns/farm-to-school/resources)
- 4 Make your first sale and do what you do best! Grow fruits and vegetables!

### PROGRAM CONTACTS

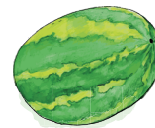


[www.NDE.F2S@nebraska.gov](mailto:www.NDE.F2S@nebraska.gov)  
(402) 471-2488



[www.buylocalnebraska.org](http://www.buylocalnebraska.org)  
(402) 472-5273

### EXAMPLE MONTHS FOR FEATURED ITEMS



August  
MELONS



September  
CABBAGE



October  
APPLES  
OR CARROTS



November  
TURNIPS



December  
WINTER  
SQUASH



January  
SWEET  
POTATOES



February  
POTATOES



March  
DRY BEANS



April  
LEAFY  
GREENS



May  
ASPARAGUS

### DID YOU KNOW?

Schools can procure local foods for up to \$10,000 without soliciting competitive quotes. School must consider the price to be reasonable; distribute micro-purchases equitably among qualified suppliers; develop written specifications and required terms, conditions and contract provisions; and document all purchases.

[www.fns.usda.gov/farmentoschool/procuring-local-foods](http://www.fns.usda.gov/farmentoschool/procuring-local-foods)

